

2023 Winnipeg Wellness Expo
Featured Speakers



Cindy Smith

How to Communicate with Your Angels and Use an Angel Oracle Deck for Self

Saturday, February 18 1:00 pm

Sunday, February 19 2:15 pm



Tracey Banga

How to Communicate with Your Angels and Use an Angel Oracle Deck for Self

Saturday, February 18 1:00 pm

Sunday, February 19 2:15 pm



Renzo Mariani

Building your Nutrition Foundation for Energized, Healthy Living



Saturday, February 18 3:30 pm

Sunday, February 19 1:00 pm



Gerry Desjardins

First Aid in the Home or Office

Saturday, February 18 11:30 am

Make Your Home a Safe Place to Live

Sunday, February 19 11:30 am



Alana Lyons / Danielle Perera

Modern Techniques to Access Artery Health

Saturday, February 18 2:15 pm

Sunday, February 19 3:30 pm

