

Winnipeg Wellness Expo 2026
 RBC Convention Centre – 3rd Floor Hall D
 Winnipeg, MB
 February 14 - 15, 2026



Health & Wellness Expos of Canada Inc.
 204-977-4788
 sales@wellnessexpo.com

Show Hours
 Saturday, Feb 14 ... 10 am – 6 pm
 Snday, Feb 15 ... 10 am – 5 pm

Tickets available online at
www.wellnessexpo.com/winnipeg-wellness-event-information
 Or
 At the door on show day.

